

Nilgiri COVID CARE – Helpline

Kotagiri Block

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1) TESTING:

a) **FREE Testing Centres:** RTPCR test is provided by the govt. free of cost every day from 9 am to 3 pm. Contact your nearest PHC to find out if RTPCR test is available on any given day.

- i) Bus Stand, Kotagiri
- ii) Kotagiri Govt. Hospital

b) PAID Testing Centres:

	Name of Hospital	Phone	Testing Charges
1	KMF Hospital	04266-271737	Rs. 2500/-

c) Home Testing – RTPCR

Lab technicians from the following labs will visit homes for samples.

Note: They can also draw samples for other Blood and Urine tests upon request.

	Lab Name	Phone	Charges	Note
1	Ramakrishna Diagnostics, Ooty	0423-2443800; 6382820681		
2	Kingsly –Micro Lab-COONOOR	9585524485	Rs. 1700/- + Conveyance	Sample will be sent to a lab in Coimbatore
3	Lipro Diagonastic Centre-COONOOR	9442491191	Rs. 1700/- + Conveyance	Sample will be sent to a lab in Coimbatore
4	Zion Pathological Laboratory-COONOOR	9500553162 7017107270	Rs. 1500/- + Conveyance	Sample will be sent to lab in Coimbatore

d) CT Scan: Facility is available in the following hospitals:

	Hospital/Centre Name	Phone	Charges
1	GOVT. HOSPITAL, KOTAGIRI	04266-271309	FREE

e) Test Result Protocols for a COVID-Positive person:

- The concerned individual will be informed by the health authorities that the RTPCR test is positive.
- Concerned health authorities will visit patient's residence and decide whether the patient is eligible for home quarantine.
- At the discretion of the health authorities the patient may be shifted to COVID Care Centre/Hospital
- The decision of the Health authorities is final and binding.
- **Note:** If RTPCR test is done in a private lab and the results are positive. Please call **1077** and inform the details.

2) AMBULANCE:

Please specify whether you need a normal ambulance or an ambulance with oxygen facility to the Ambulance Operator.

a) Free Ambulance Service

	Ambulance Service	Phone	Note
1	Govt. Emergency Ambulance	108	You can dial 108 for FREE ambulance service to any Govt Hospital.

2	3 Star Ambulance	9443255150; 9626683718; 7904668941	FREE ambulance service in and around Coonoor
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b) Paid Ambulance Service

	Ambulance Service	Phone	Note
1	Hakkim	9442082258	
2	Asim	7639786642	
3	Mani	9597060108	

3) Hospital Beds (Availability):

The following are the Hospitals and COVID Care Centres (Public & Private) that are available in Coonoor. If you wish to go to a private hospital, please call and confirm availability of beds.

	Name of Institution	Location	Address	Medical Officer In-Charge	Phone	Non Oxygen Beds	Oxygen Beds	ICU	TOTAL
1	Govt. Hospital, KOTAGIRI (Public)	Kotagiri	Main Bazar Road, SH 15, Kotagiri, Tamil Nadu 643217			3	13	0	16
2	RIVERSIDE SCHOOL (Public)	Kotagiri	Corsley Road, Kothagiri, The Nilgiris – 643217	Dr. Maharajan	9629952509	64	0	0	64
3	KMF HOSPITAL (Private)	Kotagiri	Mission Compound, Kotagiri, Tamil Nadu 643217	Dr. Tony Abraham	9840648297	6	8	2	16

4) DOCTOR CONSULTATION (Telephone/Online for home quarantined patients)

a) FREE TELEPHONE CONSULTATION:

	Name of the doctor	Phone	Consulting hours
1	Dr. P.K.Ramachandiran	9443330982	3 PM to 5 PM
2	Dr. Tharuman	9486393944	6 PM to 7 PM

b) PAID TELEPHONE CONSULTATION: On appointment only

	Name of the doctor	Phone	Consulting hours
1	Dr. Dinesh Kumar	9894068300	
2	Dr. Palraj	9442174301	12 AM to 3 PM

c) FREE ONLINE CONSULTATION: via www.esanjeevaniopd.in

The following steps may be followed:

- Login to www.esanjeevaniopd.in
- Verify your mobile number.
- Generate token after registering
- Login upon getting notification.
- Wait for your turn & consult doctor.
- Download ePrescription.

d) **PAID ONLINE CONSULTATION:**

- Login to www.apollo247.com or download Apollo247 app from Google play store.

5) **MEDICINES**

The following pharmacies provide medicines:

	NAME OF PHARMACY	Address	Phone
1	KUSHAL MEDICAL STORES	KAMARAJ SQUARE KOTAGIRI	04266-271548
2	VIJAY SHANTHI MEDICALS	ARAVENU	04266-273948
3	SRI BALAJI MEDICALS	KAMARAJ SQUARE	04266-272166
4	NEW ALAGU PHARMACY	NEW BUS STAND	9047519159

Please use the volunteers for delivering medicines at home if required.

6) **GROCERIES**

Delivery of groceries and vegetables can be done through volunteers

7) **COOKED FOOD/RESTAURANT**

	Restaurant Name	Phone
1	APPLE BREEZE RESORTS AND RESTAURANT	04266-274141,9488274141
2	KASTHURI HOTEL JOHNSTON SQUARE	04266-27155
3	SPICE INN MULTICUISUNE RESTAURANT	9698233444

8) **FOOD DELIVERY**

THROUGH VOLUNTEERS.

9) **VOLUNTEER GROUPS**

The following volunteer groups can be contacted for purchase of Groceries/Vegetables/Milk or for any other assistance with field work. Please note that the following contacts are only representatives. More volunteers are available, if required.

	Volunteer Group Name	Representative Name	Phone
1	VIVEKANANDA NARPANNI MANDRAM	PADMANABHAN M	9865163129
		SARAVANAN J	7010652178
		VENKATESH P	9943168677
		BALAJI R	8072974947
		SELIN RAJA	9843036261

2	ABDUL KALAM ARAKATTALAI, KOTAGIRI	MANI	9597060108; 7339596108
		AJITH	8098231191
		RAMKUMAR	7094587686
		VINU	9524361702
3	THREE STAR GROUP	AYUB	9443255150
		ISMAIL	9626683718
		SHABASH	6382285569
		JAFAR	8940063616
		RAGAMATHULA	9443060757
4	RDO TRUST, KOTAGIRI	VAIDEESWARAN	8098613282
5	SEVA BHARATHI NILGIRIS		7358864023; 9487344023; 9344912937
6	INDIVIDUAL VOLUNTEERS		
			-

The following groups can be contacted for assistance with telephone/helpline service:

	Volunteer Group Name	Representative Name	Phone
1	JCI	JC Prasanth	7871713143
		JC Nivetha	8940309346
		JC Senthil	9486422206
		JC Uma Shankar	9442144220
		JC Powsthina	6369701586
		JC Amirtraj	9360101015
		JC Sujith	9488464710
2	Jain Navyuvak Sangh	Rishab	6382676968
		Mukesh	9080456753
		Pavan	7502607547
		Yeshwanth	9150208035
		Niraj	9486603412
		Girish	8072835782
3	St. Joseph's College Alumni Association	John Thekannal	9655147770
4	Nomadic Nilgiriens Running Club	Yasmin	9025136316
5	Individual Volunteers	Ajay, Tent Hill	9842008444
		Kitti, Tent Hill	8667394072
		Vijay Anand, Highfield	9844017016
		Thariq Sait, Market - Coonoor	9585109876
		Shariq Sait, Market - Coonoor	8754810229

	Karen, Ketti	9003383806
	Anita Devaram, Gray's Hill	9486414830
	Salim Danish	9486412305
	Marvin Periera, Alwarpet	9500037430
	Joe King, Bedford	9443423595
	Omar	9972299882
	Gafoor, Pattavayal	9487191816
	Syed Mohammed Thahir, Alwarpet	7598334683
	Muthukumar, Ooty	6379066916

10) BEREAVEMENT/FUNERAL SERVICES

- If the deceased/expired person was a COVID-positive patient, the entire task of burial /cremation will be under the control of the local bodies (Concerned Municipality/Panchayat). Few family members will be allowed as per SOP.
- KARUVI ARAKATTALAI – FUNERAL EXECUTIVES has volunteered to assist the bereaved family if necessary. Contacts below:

	NAME	PHONE 1	PHONE 2	STATION
1	BENADICT TONY V	6381387877	9788706117	CORSLEY ROAD,KOTAGIRI
2	SHAHJAHAN E	9843935777	9442358880	BAZAR KOTAGIRI
3	KEVIN KUMAR R	9585754659		KOTAHALLI ROAD
4	ANAND N	9655232024		GUNDADA
5	JOSEPH STANDLY X	7868903591	9585329148	MISSION COMPOUND
6		9842648068		KOTAGIRI
7		9786662226		KOTAGIRI
8		9788796117		KOTAGIRI