

Nilgiri COVID CARE – Helpline

Gudalur Block

Reference – Index

- 1) **Testing**
 - a) [Free Testing Centres](#)
 - b) [Paid Testing Centres](#)
 - c) [Home Testing – Laboratories](#)
 - d) [CT Scan Centres](#)
 - e) [Test Result Protocols for a COVID-Positive person](#)
- 2) **Ambulance Service**
 - a) [Free Ambulance Service](#)
 - b) [Paid Ambulance Service](#)
- 3) **Hospital Beds – Availability**
- 4) **Doctor Consultation**
 - a) [Free Telephone Consultation](#)
 - b) [Paid Telephone Consultation](#)
 - c) [Free Online Consultation](#)
 - d) [Paid Online Consultation](#)
- 5) **Medicines**
- 6) **Groceries**
- 7) **Cooked Food/Restaurants**
- 8) **Food Delivery**
- 9) **Volunteer Groups**
 - a) [Field Work and Grocery/Vegetable/Milk Delivery and Field](#)
 - b) [Telephone/Helpline/Others](#)
- 10) **Bereavement/Funeral Services**

1) TESTING:

a) **FREE Testing Centres:** RTPCR test is provided by the govt. free of cost every day from 9 am to 3 pm. Contact your nearest PHC to find out if RTPCR test is available on any given day.

- i) Bus Stand, Gudalur
- ii) Gudalur Govt. Hospital
- iii) Pandalur Govt. Hospital

b) PAID Testing Centres:

	Name of Hospital	Phone	Testing Charges
1	Karuvallys High Tech Lab, Chevidipet, Gudalur	6382290227	CONTACT
2	Alpha Care Lab, Chungam, Gudalur	9841537468	CONTACT
3	Meera Mukalel Lab, Chngam, Gudalur	9042131010	CONTACT

c) Home Testing – RTPCR

Lab technicians from the following labs will visit homes for samples.

Note: They can also draw samples for other Blood and Urine tests upon request.

	Lab Name	Phone	Charges	Note
1	Alexander Alfa Care Lab	9841537468		

d) CT Scan: Facility is available in the following hospitals:

	Hospital/Centre Name	Phone	Charges
1	GUDALUR GH	04262-261222	FREE
2	ASWINI ADIVASI HOSPITAL	04262-261645 04262-263562	CONTACT

e) Test Result Protocols for a COVID-Positive person:

- The concerned individual will be informed by the health authorities that the RTPCR test is positive.
 - Concerned health authorities will visit patient's residence and decide whether the patient is eligible for home quarantine.
 - At the discretion of the health authorities the patient may be shifted to COVID Care Centre/Hospital
 - The decision of the Health authorities is final and binding.
 - **Note:** If RTPCR test is done in a private lab and the results are positive. Please call **1077** and inform the details.
-

2) AMBULANCE:

Please specify whether you need a normal ambulance or an ambulance with oxygen facility to the Ambulance Operator.

a) Free Ambulance Service

	Ambulance Service	Phone	Note
1	Govt. Emergency Ambulance	108	You can dial 108 for FREE ambulance service to any Govt Hospital.

b) Paid Ambulance Service

	Ambulance Service	Phone	Note
1	MYL Ambulance, Gudalur	9994398293	Only minimum cost (to cover overhead) is charged. Free service for death cases.
2	Care One Trust	8825770590	Contact: Nishanth
3	UUS	9442792229	Contact: Baskaran
4	ADAG Ambulance	9487128051 9786994864 9585338177	
5	Vinayagar Temple Ambulance	8940582013	

3) Hospital Beds (Availability):

The following are the Hospitals and COVID Care Centres (Public & Private) that are available in Coonoor. If you wish to go to a private hospital, please call and confirm availability of beds.

	Name of Institution	Location	Address	Medical Officer In-Charge	Phone	Non Oxygen Beds	Oxygen Beds	ICU	TOTAL
1	Govt. Hospital, GUDALUR (Public)	Gudalur	Coimbatore-Ooty-Gundlupet Hwy, Gudalur, Tamil Nadu 643212			8	44	0	52
2	GTMO Matriculation Higher Secondary School, Chembala (Public)	Gudalur	CH Nagar, Chembala, SH-12 Calicut Highway, Gudalur, The Nilgiris - 643212	Dr. Kamesh	9176191069	51	0	0	51
3	TANTEA Garden Hospital (Public)	Gudalur	Gugalur- Sulthan Bathery Road, Cherangode, Gudalur, The Nilgiris - 643212	Dr. Pradeep	9688339911	55	0	0	55
4	Pushpagiri Mission Hospital (Private)	Gudalur	Sulthan Bathery-Devarshola-Gudalur Rd, Gudalur, Tamil Nadu 643212	Dr. Christina	8884860597	30	0	0	30
5	ASHWINI PVT HOSPITAL (Private)	Gudalur	10/147 G2,G3 Kothervayal Gudalur, The, Tamil Nadu 643212	Dr. Mruthula	9487257321	15	4	0	19

4) **DOCTOR CONSULTATION (Telephone/Online for home quarantined patients)**

a) **FREE TELEPHONE CONSULTATION:**

	Name of the doctor	Phone	Consulting hours
1	Dr. P.K.Ramachandiran	9443330982	3 PM to 5 PM
2	Dr. Tharuman	9486393944	6 PM to 7 PM

b) **PAID TELEPHONE CONSULTATION:** On appointment only

	Name of the doctor	Phone	Consulting hours
1	Dr. Dinesh Kumar	9894068300	
2	Dr. Palraj	9442174301	12 AM to 3 PM

c) **FREE ONLINE CONSULTATION:** via www.esanjeevaniopd.in

The following steps may be followed:

- Login to www.esanjeevaniopd.in
- Verify your mobile number.
- Generate token after registering
- Login upon getting notification.
- Wait for your turn & consult doctor.
- Download ePrescription.

d) **PAID ONLINE CONSULTATION:**

- Login to www.apollo247.com or download Apollo247 app from Google play store.

5) **MEDICINES**

The following pharmacies provide home delivery of medicines:

	NAME OF PHARMACY	Address	Phone
1	GUDALUR DRUG STORES AND PHARMACY	NH 67 HIGHWAY, GUDALUR TOWN	04262-261696
2	AL SHIFA MEDICALS	NH 67 HIGHWAY, GUDALUR TOWN	04262-260730
3	SRI RAM MEDICALS	GUDALUR TOWN	09443898144

6) **GROCERIES**

The following stores deliver groceries on order:

THROUGH VOLUNTEERS

7) COOKED FOOD/RESTAURANT

THROUGH VOLUNTEERS

CARE ONE TRUST	MUJEEB	9489313641	PANDALUR TALUK MUKALEL	FOOD,MEDICINE,AMBULANCE,BEREAVEMENT
MUSLIM YOUTH LEAGUE	RASHEED	6379565572	PANDALUR TALUK THALLOOR	FOOD,MEDICINE,AMBULANCE,BEREAVEMENT
MUSLIM YOUTH LEAGUE	NOUFAL	9895141284	PANDALUR TALUK PATHARI(SULTAN BATTERY)	FOOD,MEDICINE,AMBULANCE,BEREAVEMENT
MUSLIM YOUTH LEAGUE	BAKKAR	9752388711	PANDALUR TALUK CHERAMBADI	FOOD,MEDICINE,AMBULANCE,BEREAVEMENT
MUSLIM YOUTH LEAGUE	LIYAS	9544077694	PANDALUR TALUK PANANCHIRA	FOOD,MEDICINE,AMBULANCE,BEREAVEMENT
MUSLIM YOUTH LEAGUE	SHAJI MASTER	9585729878	GUDALUR	FOOD,MEDICINE,AMBULANCE,BEREAVEMENT
MUSLIM YOUTH LEAGUE	NOUFAL DHARIMI	9488975447	GUDALUR	FOOD,MEDICINE,AMBULANCE,BEREAVEMENT
MUSLIM YOUTH LEAGUE	AJMAL	8903008117	GUDALUR	FOOD,MEDICINE,AMBULANCE,BEREAVEMENT
MUSLIM YOUTH LEAGUE	FAISAL SAHIB	9994255496	GUDALUR	FOOD,MEDICINE,AMBULANCE,BEREAVEMENT
MUSLIM YOUTH LEAGUE	FUAD	9443236987	GUDALUR	FOOD,MEDICINE,AMBULANCE,BEREAVEMENT
MUSLIM YOUTH LEAGUE	AK FAISAL	6382216733	GUDALUR	FOOD,MEDICINE,AMBULANCE,BEREAVEMENT
MUSLIM YOUTH LEAGUE	ABID ALI	9361203538	GUDALUR	FOOD,MEDICINE,AMBULANCE,BEREAVEMENT
MUSLIM YOUTH LEAGUE	AK NAZAR	7530010286	GUDALUR	FOOD,MEDICINE,AMBULANCE,BEREAVEMENT

8) FOOD DELIVERY

THROUGH VOLUNTEERS

9) VOLUNTEER GROUPS

The following volunteer groups can be contacted for purchase of Groceries/Vegetables/Milk or for any other assistance with field work. Please note that the following contacts are only representatives. More volunteers are available, if required.

	Volunteer Group Name	Phone	CONTACT
1	ABDUL KALAM ARAKATTALAI, GUDALUR	GOWDHAM	9489365108
		SULFIKAR	9487785215
		BABU	9488087884
		ISMAIL	9442723602
2	HEAVEN RIDERS, GUDALUR	THOUFIQUE	9361170039
		ANTONY	9486494191
		AFSAL TIP TOP	8300975835
		ANSHAF	6383093217

		DANISH	9159946448
		SHAMIL	7094008216
		ABHISEK M	9486977126
		SAMEEL	7538874316
		SAJAHAN	9786325492
		NANDHANA P R	7034836520
		SHALINI	9342120165
		NITHYA	9498041002
3	MUSLIM YOUTH LEAGUE, GUDALUR	SHAJI MASTER	9585729878
		AJMAL	8903008117
		FUAD	9443236987
		ABID ALI	9361203538
		AK NAZAR	7530010286
		NOUFAL DHARIMI	9488975447
		FAISAL SAHIB	9994255496
		AK FAISAL	6382216733
4	MUSLIM YOUTH LEAGUE, PUNDALUR	MUJEEB MUKALEL	8489313641
		RASHEED THALLOOR	6379565572
		NOUFAL PATHARI	9895141284
		BAKKAR CHERAMPADI	9752388711
		LIYAS PANANCHIRA	9544077694
5	SEVA BHARATHI NILGIRIS		7358864023; 9487344023; 9344912937
6	INDIVIDUAL VOLUNTEERS	MURALI [OUR HAPINESS], GUDALUR	9345995818
		THOUFIQUE, GUDALUR	9361170039

The following groups can be contacted for assistance with telephone/helpline service:

	Volunteer Group Name	Phone	CONTACT
1	GUDALUR LADIES GROUP	Nandhana PR	7034836520
		Shalini	9342120165
		Nithya	9498041002
		Nithyakalyani.Y	6383556240
		Prathiba	9487066109
		Renisha.S	7598825415
		Priyadharsini M	7603862419
		Shabna	9361659746
		Fathima	9360828043
		Libiya	9344660259
	Krithika	7397671911	
2	JCI	JC Prasanth	7871713143
		JC Nivetha	8940309346

		JC Senthil	9486422206
		JC Uma Shankar	9442144220
		JC Powsthina	6369701586
		JC Amirtraj	9360101015
		JC Sujith	9488464710
3	Jain Navyuvak Sangh	Rishab	6382676968
		Mukesh	9080456753
		Pavan	7502607547
		Yeshwanth	9150208035
		Niraj	9486603412
		Girish	8072835782
4	St. Joseph's College Alumni Association	John Thekannal	9655147770
5	Nomadic Nilgiri Running Club	Yasmin	9025136316
6	Individual Volunteers	Ajay, Tent Hill	9842008444
		Kitti, Tent Hill	8667394072
		Vijay Anand, Highfield	9844017016
		Thariq Sait, Market - Coonoor	9585109876
		Shariq Sait, Market - Coonoor	8754810229
		Karen, Ketti	9003383806
		Anita Devaram, Gray's Hill	9486414830
		Salim Danish	9486412305
		Marvin Periera, Alwarpet	9500037430
		Joe King, Bedford	9443423595
		Omar	9972299882
		Gafoor, Pattavayal	9487191816
		Syed Mohammed Thahir, Alwarpet	7598334683
		Muthukumar, Ooty	6379066916

10) **BEREAVEMENT/FUNERAL SERVICES**

- If the deceased/expired person was a COVID-positive patient, the entire task of burial /cremation will be under the control of the local bodies (Concerned Municipality/Panchayat).
Few family members will be allowed as per SOP.

Name	Phone	Note
MYL Ambulance, Gudalur	9994398293	Only minimum cost (to cover overhead) is charged. Free service for death cases.
Muslim Youth League, Nilgiris	Gudalur Taluk – 9585729878 8903008117 9443236987 9361203538 7530010286 Pandalur Taluk – 9489313641 6379565572 9895141284 9752388711 9544077694	

